

APPENDIX 2

Mental Health Delivery Plan Progress

On Track/Completed
Monitor progress to ensure timeline adhered to
Work required to ensure timeline adhered to
Urgent Attention



Date Developed - Jenny Rae	25/03/2020
Date last updated - Caroline Anderson	24/11/2020

Actions	Due (Month/Year)	Date Completed	Progress	Documents	Next Steps	Responsible
Interim reporting to CCG (6 monthly)	Sep-20	Sep-20	Progress Report produced.			Mental Health Partnership Group
Reporting to IJB (annually)	Dec-20	Nov-20	Profess Report produced			Mental Health Partnership Group
Webpage Information Live	Apr-20	Apr-20				Jenny Rae
Webpage Updates	April-2020 onwards					Mental Health Partnership Group
Delivery Plan - Action Plan	Due (Month/Year)	Date Completed	Progress	Documents	Next Steps	Responsible
1 Explore the creation of community mental health & wellbeing workers.	Mar-21	On Track	Business Case for additional 9 Mental Health & Wellbeing Workers (including paid Peer Support) presented to IJB on 28th October 2020. Total investment of circa £1.4m over 4 years to support each of the 3 Aberdeen City Localities with a First Contact MH & Wellbeing Practitioner Service. Business Case approved. Oversight & evaluation of project via the Mental Health Partnership Group / Action 15 Steering Group.		Work to develop outcome measures to inform commissioning process. Development of mapping flowchart to identify pathway and links to wider mental health & primary care services.	Primary Care Action 15 Work stream / Working Group
2 Promote use of Electronic and other information tools to tell people about wellbeing activities and groups availability within communities.	April-2020 onwards		As part of Covid 19 response - development and promotion of electronic tools to support wellbeing activities within the community (i.e. Enhancing Lives Through Technology Project)		Take part and circulate information on the guidance and launch of Scotland's Services directory. Encourage organisations to use and update these tools.	Community Mental Health Management Team.
3 Contribute to local digital & technology work streams to provide efficient alternative treatment options (e.g. NHS Near me)	April-2021 onwards	Completed September 2020	NHS Near Me rolled out within Mental Health Services in March 2020 as part of Covid-19 response. Promotion & support crib sheets produced for Staff to support roll-out & training.		Continue promotion and monthly monitoring reports. Provide representation on working group to look at delivering Group Work through digital platforms.	Community Mental Health Management Team.
4 Jointly with our partners (i.e. Police, Third Sector, Housing etc.) to review service delivery, current resources and future needs.	April-2020 onwards		Work to commence with ACVO to map existing services. Currently paused due to work around implementation of Care at Home Contract.		Mapping work to recommence shortly.	Mental Health Partnership Group
5 Work with Locality Empowerment Groups to ensure local needs are addressed as well as possible within resources.	April-2020 onwards		Transformation work commenced to align teams to locality structure.		Teams to be aligned to the locality structure and representatives will link into the Locality Engagement Groups. New MH & Wellbeing Posts to link into Local Engagement Groups to support building capacity.	Mental Health Partnership Group

Delivery Plan - Action Plan		Due (Month/Year)	Date Completed	Update	Documents	Next Steps	Responsible
6	Establish clear links with Integrated Children's Services partners and plans for children and young people's mental health and wellbeing.	April-2020 onwards	On Track	Integrated Children's Services represented within the Mental Health Partnership Group.		Build on links through Mental Health Partnership group and identify areas for development.	Mental Health Partnership Group
7	Review Discharge planning to enhance transition between hospital and home/other care settings.	Mar-21		Produce Admission/Discharge Planning flowchart to improve communication as part of Covid19 response.		Working Group to be established including representation from specialist and community mental health settings including social care and housing. On hold due to COVID19 priorities - to recommence early 2021.	
8	Work with partners (including Children's Services) to increase Trauma Awareness.	April-2021 onwards	On Track	2 Clinical Psychologists undertaken substantial work in improving trauma informed care at all levels from Trauma Informed to Trauma enhanced, including providing training for NHS, local authority and third sector partners for staff working with children and adults of all ages. Trauma Informed and Trauma skilled level training is ongoing online including Training for Trainers to further cascade. Currently exploring ways to embed within Learning & Development.		Explore ways to embed training with Learning & Development. Further Trauma Enhanced level training will continue once online materials are provided by NES. Following appointment of overall Trauma Champion for Grampian, next step to identify further Trauma Champions across wider areas of the organisation.	
9	Recognise, optimise and support the valuable role of Carers within MH Services.	April-2020 onwards		VSA rep invited to take part in consultation work around service development initiatives & mapping exercises. Opportunity to actively engage has been impacted by COVID 19 response.		Work with existing carers support services and groups to understand how this can be developed and achieved. Liaise with VSA to identify appropriate outcomes measures for carers as part of the First Contact Mental Health & Wellbeing practitioner service	
10	Enhance engagement with individuals and carers to ensure they are equal partners in care.	April-2020 onwards		As per 9 above.		As per 9 above.	
11	Promote knowledge and use of Advanced Statement to improve care and treatment.	April-2020 onwards		On hold due to COVID19.		Provide information/training to staff and partners including people with mental ill-health and their carers.	
12	Review and promote existing "Know wo to turn to" information on Mental Health & Wellbeing	Mar-21	Completed April 2020	Know where to turn to information updated for Covid-19 and available on AHSCP Website. Regular promotion via Facebook and twitter.		Review information & look at including innovative support (i.e. Man Chat)	Mental Health Partnership Group
13	Citizens have access to a clear pathway when accessing multiple services (i.e. People with more than one condition)	April-2021 onwards		To commence from April 2021 onwards		Link into Mental Health & Wellbeing Practitioner Service test of change to support identifying pathways. (Links to Action 1)	
14	Embed a human rights approach within mental health supports and services, advancing peer support and the voice of people with lived experience.	April-2020 onwards	On Track	As per Action 1 - Creation of additional 9 Mental Health & Wellbeing workers including peer support workers with lived experience.		Review progress through Mental Health Partnership Group.	Mental Heath Partnership Group.

15	Work with partners to showcase local supports for mental health and wellbeing, including protective factors which maintain good mental health.	Mar-21		On hold due to COVID19		Establish working group to support partnership to develop a socially distanced / virtual community event to showcase support in Aberdeen.	Mental Health Partnership Group
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